



Fall/Winter Week 3 Menu

All Meals Include Choice of Beverage.

Fresh Fruit and Garden Salad Available at all Meals

2025	<i>Breakfast</i>	<i>Lunch</i>	<i>Dinner</i>
Monday September 29th	Pancakes Bacon Orange Slices	Spaghetti w/Meat Sauce Garden Salad Garlic Bread Apple Pie	Chicken Salad on Croissant Lettuce/Tomato/Onion Potato Chips Banana Cobbler
Tuesday September 30th	Fried Eggs Hash Brown Wheat Toast Melon	Grilled Pork Chops Roasted Potato Wedge Vegetable Blend Pumpkin Cake	Savory Apple Cheddar Grilled Cheese Sweet Potato Puff Parfait
Wednesday October 1st	Omelet Toast Yogurt Parfait	Rosemary Cider Chicken Sweet Potato Steamed Peas Ice Cream Sundae	Italian Sausage Sauerkraut Homemade Potato Chips Homemade Cookie
Thursday October 2nd	French Toast Sausage Strawberries	Country Fried Steak Mashed Potatoes Corn Chocolate Cream Pie	Tomato Bacon Grilled Cheese Parmesan Zucchini Wedges Cream Cheese Brownie
Friday October 3rd	Sausage Gravy Served over Biscuit Chilled Pineapple	Popcorn Shrimp Coleslaw Steamed Broccoli Cheesecake	Chili Cornbread Sherbet
Saturday October 4th	Pancakes Bacon Mandarin Oranges	Cordon Blue Scalloped Potatoes Peas Lemon Meringue Pie	Pizza Ceasar Salad Rice Krispie Treats
Sunday October 5th	Scrambled Eggs Hash Brown Toast Grapes	Oven Roasted Turkey Mashed Potatoes Green Beans Chocolate Cake	Steak & Cheese Sub Potato Chips Ice Cream Cup

Snacks are available. *Good Nutrition is an essential part of your care in our community.

Our Menu has a variety of foods that provide a well-balanced diet.