## Spring/Summer Week 1 Menu



## **Meals Include Choice of Beverage**

## Fresh Fruit and Garden Salad Available at all Meals.

Monday September 15 <sup>th</sup> Tuesday September 16 <sup>th</sup>	French Toast Sausage Links Mandarin Oranges  Omelet Wheat toast Mango  Breakfast Casserole	Spaghetti w/ Meat Sauce Garden Salad French Bread Jello-Cake  Oven Roasted Turkey Mashed Potatoes/Gravy Green Beans Sweet Potato Pie	Pork Egg Rolls Fried Rice Oriental Vegetables Pineapple Crunch Tuna Salad Cold Plate Parfait
15 <sup>th</sup> Tuesday September	Omelet Wheat toast Mango	French Bread Jello-Cake  Oven Roasted Turkey Mashed Potatoes/Gravy Green Beans Sweet Potato Pie	Oriental Vegetables Pineapple Crunch Tuna Salad Cold Plate Parfait
Tuesday <b>September</b>	Omelet Wheat toast Mango	Jello-Cake  Oven Roasted Turkey  Mashed Potatoes/Gravy  Green Beans  Sweet Potato Pie	Pineapple Crunch  Tuna Salad Cold Plate  Parfait
September	Wheat toast Mango	Oven Roasted Turkey Mashed Potatoes/Gravy Green Beans Sweet Potato Pie	Tuna Salad Cold Plate Parfait
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-	Mango	Green Beans Sweet Potato Pie	
16"	<u> </u>	Sweet Potato Pie	
	Breakfast Casserole		
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Wednesday		Macaroni &Cheese Casserole	Tomato Soup
September	Biscuit	Mixed Vegetable	Grilled Pimento Cheese
17 <sup>th</sup>	Melon	Corn Muffin	Lemon Bar
		Ice Cream	
Thursday	Waffles	BBQ Pork Sandwich	Chicken Alfredo
September	Sausage Links	Coleslaw	Broccoli
18 <sup>th</sup>	Mango	Corn	Homemade Cookies
		Pumpkin Cake	
Friday	Sausage Egg and	Salmon Cake	Butternut Squash Soup
September	Cheese	Roasted Red Potatoes	Ham and Cheese Sandwich
19 <sup>th</sup>	Biscuit	Grilled Asparagus	Lettuce/Tomato/Red Onion
	Yogurt parfait	Cheesecake	Grapes
Saturday	Pancakes	California Quiche	Sausage and Potato Bake
September	Bacon	Sautéed Squash	Corn Bread
20 <sup>th</sup>	Strawberries	Cake	Banana Pudding Cake
20	Strawberries	Cake	Ballalla Pudullig Cake
Conde	Cananahla d Fans	Over Belond Chieles	Franch Onion Culled
Sunday	Scrambled Eggs	Oven Baked Chicken	French Onion Grilled
September 21st	Scrapple	Mashed Potatoes	Cheese
215.	English Muffin	Carrots	Sweet Potato Puffs
	Pineapple	Apple Pie	Sherbet

Snacks are available daily. \*Good nutrition is an essential part of your care in our community. Our menu has a variety of foods that provide a well-balanced diet