## Spring/Summer Week 3 Menu

## All Meals Include Choice of Beverage.

## Fresh Fruit and Garden Salad Available at all Meals

2025	Breakfast	Lunch	Dinner
Monday <i>July</i> <b>21</b> <sup>st</sup>	Pancakes Bacon Orange Slices	Spaghetti w/Meat Sauce Garden Salad French Bread Apple Pie	Chicken Salad on Croissant Lettuce/Tomato/Onion Sweet Potato Puff Pound Cake
Tuesday <i>July</i> <b>22</b> <sup>nd</sup>	Fried Eggs Hash Brown Wheat Toast Mango	Grilled Pork Chops Red Roasted Potatoes Lima Beans Cinnamon Roll Coffee Cake	Grilled Pastrami Sandwich Tomato Salad Watermelon
Wednesday <i>July</i> <b>23</b> <sup>rd</sup>	Omelet Toast Yogurt Parfait	Pineapple Chicken Stir Fry Rice Ice Cream Sundae	BLT Sandwich Homemade Potao Chips Homemade Cookies
Thursday <i>July</i> <b>24</b> <sup>th</sup>	French Toast Sausage Strawberries	Country Fried Steak Mashed Potatoes Corn Banana Pudding Pie	Tomato Bacon Grilled Cheese Parmesan Zucchini Wedges Cream Cheese Brownie
Friday <i>July</i> <b>25</b> <sup>th</sup>	Sausage Gravy Served over Biscuit Chilled Pineapple	Popcorn Shrimp Coleslaw Steamed Broccoli Cheesecake	Chili Cornbread Peach Cobbler
Saturday <i>July</i> 26 <sup>th</sup>	Pancakes Bacon Mandarin Oranges	Chicken Cordon Blue Scalloped Potatoes Peas Lemon Meringue Pie	Pizza Ceasar Salad Rice Krispie Treats
Sunday <i>July</i> <b>27</b> <sup>th</sup>	Scrambled Eggs Hash Brown Toast Grapes	Oven Roasted Turkey Mashed Potatoes Green Beans Chocolate Cake	Steak & Cheese Sub Potato Chips Ice Cream Cup

Snacks are available. \*Good Nutrition is an essential part of your care in our community.

Our Menu has a variety of foods that provide a well-balanced diet.