## Fall/ Winter Week 1 Menu



## All Meals Include Choice of Beverage.

## Fresh Fruit and Garden Salad Available at all Meals.

| 2025                    | Breakfast           | Lunch                         | Dinner                 |
|-------------------------|---------------------|-------------------------------|------------------------|
| Monday                  | Fried Egg           | Swedish Meat Balls            | Pork Egg Roll          |
| February                | Bacon               | Noodles                       | Fried Rice             |
| 17 <sup>th</sup>        | Wheat Toast         | Green Beans                   | <b>Pudding Parfait</b> |
|                         | Mandarin Oranges    | Sweet Potato Pie              |                        |
| Tuesday                 | French Toast        | Popcorn Shrimp                | Tomato Basil Soup      |
| February                | Sausage             | Hush Puppies                  | Pizza Grilled Cheese   |
| 18 <sup>th</sup>        | Grapes              | Corn                          | Assorted Dessert       |
|                         |                     | Chocolate Cake                |                        |
| Wednesday               | Breakfast Casserole | Macaroni and Cheese Casserole | Grilled Hamburger      |
| February                | Wheat Toast         | Mixed Vegetable               | Potato Wedge's         |
| 19 <sup>th</sup>        | Orange Slices       | Corn Muffin                   | Cream Cheese Brownie   |
|                         |                     | Ice Cream Bar                 |                        |
| Thursday                | Homemade Waffles    | Sliced Pork                   | Chicken Alfredo        |
| February                | Sausage             | Cornbread Stuffing            | Broccoli               |
| <b>20</b> <sup>th</sup> | Grapefruit Section  | Spinach                       | Side Salad             |
|                         | ·                   | Pumpkin Pie                   | Freshly Baked Cookies  |
| Friday                  | Fried Egg           | Honey Glazed Salmon           | Potato Soup            |
| February                | Breakfast Ham       | ,<br>Rice                     | Hot Ham and Cheese Sul |
| 21 <sup>st</sup>        | Wheat Toast         | Asparagus                     | Apple Crisp            |
|                         | Mango               | Cheesecake                    |                        |
| Saturday                | Pancakes            | Spaghetti/Meat Sauce          | Sauage and Potato Bake |
| February                | Sausage             | Garden Salad                  | Biscuit                |
| <b>22</b> <sup>nd</sup> | Strawberries        | Garlic Bread                  | Pound Cake             |
|                         |                     | Buter Pecan Ice Cream         |                        |
|                         |                     |                               |                        |
| Sunday                  | Scrambled Eggs      | Oven Baked Chicken            | Roast Beef Sandwich    |
| February                | Bacon               | Mashed Potatoes               | Sweet Potato Puff      |
| 23 <sup>rd</sup>        | English Muffin      | Carrots                       | Sherbet                |
|                         | Pineapple           | Apple Pie                     |                        |

Snacks are available daily. \*Good nutrition is an essential part of your care in our community. Our menu has a variety of foods that provide a well-balanced diet.