



Fall/Winter Week 5 Menu

All Meals Include Choice of Beverage.

Fresh Fruit and Garden Salad Available at all Meals.

2025	Breakfast	Lunch	Dinner
Monday February 10th	French Toast Bacon Melon	Spaghetti Garden Salad Garlic Bread Boston Cream Pie	Beef Stew Biscuit Pudding Parfait
Tuesday February 11th	Sausage Egg & Cheese On a Biscuit Yogurt Parfait	Chicken Pot Pie Home Baked Biscuit Cake	Roast Beef Sandwich on Multi Grain Bread Potato Chips Sherbet
Wednesday February 12th	Fried Eggs Scrapple Buttered Toast Banana	Sliced Pork Sweet Potatoes Squash Ice Cream Bar	Hot Ham & Cheese Slider Waffle Fries Assorted Dessert
Thursday February 13th	Waffles Sausage Strawberries	Salisbury Steak Mashed Potato Green Beans Apple Walnut Cake	Grilled Ruben Cucumber & Tomato Salad Home Baked Cookie
Friday February 14th	Cream Chipped Beef Biscuit Orange Slices	Chicken Bruschetta Garlic Parmesan Potatoes Grilled Asparagus Valentines Dessert	Grilled Hot Dog Side of Macaroni and Cheese Sherbet
Saturday February 15th	Pancakes Sausage Melon	Fish Filet Sandwich Coleslaw Yellow Cake with Frosting	Chicken Salad Cold Plate Crackers Lemon Pie
Sunday February 16th	Scrambled Eggs Bacon English Muffin Pineapple	Roast Beef Mashed Potatoes /gravy Peas Coconut Custard Pie	Turkey Club on Croissant Potato Salad Ice Cream Cup

*Good nutrition is an essential part of your care in our community. Our menu has a variety of foods that provide a well-balanced diet.