## Fall/Winter Week 4 Menu



## All Meals Include Choice of Beverage.

## Fresh Fruit and Garden Salad Available at all Meals.

2025	Breakfast	Lunch	Dinner
Monday	French Toast	Vegetable Lasagna	Shrimp Salad
February	Sausage Links	Side Salad	Crackers
3 <sup>rd</sup>	Banana	French Bread	Tomato Wedge
		Coconut Cake	Sherbet
Tuesday	Scrambled Eggs	Fried Chicken	Baked Potato Bar
February	Breakfast Potatoes	Mashed Potatoes	Chili/Broccoli/Cheese
4 <sup>th</sup>	English Muffin Half	Kale	Chives/Sour cream
	Grapes	Banana Cream Pie	Assorted Desserts
Wednesday	Sausage Egg and	Roasted Pork	Club Sandwich
February	Cheese McGriddle	Baked Sweet Potato	Potato Chips
5 <sup>th</sup>	Orange Slices	Roasted Vegetables	Homemade Cookie
		Ice Cream Sundae	
Thursday	Fried Egg	BBQ Sandwich	Tomato Soup
February	Breakfast Ham	Coleslaw	Grilled Cheese
6 <sup>th</sup>	Wheat Toast	Éclair Cake	Peach Cobbler
	Pineapple		
Friday	Sausage Gravy	Fish and Chips	Sloppy Joe
February	Biscuit	Mixed Vegetables	Coleslaw
<b>7</b> <sup>th</sup>	Strawberries	Cheesecake	Ice Cream Cup
Saturday	Scrambled Eggs	Chicken Filet Sandwich	Chef Salad
February	Bacon	Potato Wedges	Crackers
8 <sup>th</sup>	Wheat Toast	Corn	Grapes
	Melon	Cherry Pie	
Sunday	Pancakes	Glazed Ham	Pizza
, February	Sausage Links	Deviled Eggs	Ceasar Salad
9 <sup>th</sup>	Mandarin Oranges	Scalloped Potatoes	Sherbet
	Ŭ	Carrots	
		Cake	

Snacks are available daily. \*Good nutrition is an essential part of your care in our community. Our menu has a variety of foods that provide a well-balanced diet.