



Fall/Winter Week 3 Menu

All Meals Include Choice of Beverage.

Fresh Fruit and Garden Salad Available at all Meals.

2025	Breakfast	Lunch	Dinner
Monday January 27th	Pancakes Bacon Orange Slices	Spaghetti w/Meat Sauce Garden Salad Garlic Bread Apple Pie	Chicken Nuggets Sweet Potato Fries Sherbet
Tuesday January 28th	Fried Egg Breakfast Potato Wheat Toast Melon	Sliced Ham Cabbage Parsley Potatoes Angel Food Cake	Cream of Broccoli Soup Quesadilla Rice Krispie Treat
Wednesday January 29th	Omelet's Toast Yogurt Parfait	Chicken Stir Fry Rice Ice cream Sundae	BLT Sandwich Potato Chip Pudding Parfait
Thursday January 30th	French Toast Sausage Strawberries	Country Fried Steak Mashed Potatoes Green Bean Apple Walnut Cake	Butternut Squash Soup Roasted Mushroom Grilled Cheese Homemade Cookie
Friday January 31st	Sausage Gravy Served over Biscuit Chilled Pineapple	Oven Baked Fish Rice Pilaf Broccoli Cheesecake	Pizza Ceasar Salad Chocolate Cream Pie
Saturday February 1st	Pancakes Bacon Mandarin Orange	Chicken Cordon Blue Scalloped Potatoes Peas Lemon Meringue Pie	Chili Corn Bread Apple Crisp
Sunday February 2nd	Scrambled Egg Hash Brown Toast Grapes	Oven Roasted Turkey Mashed Potatoes Green Bean Chocolate Cake	Corn Dog Nuggets Baked Bean Ice Cream Cup

Snacks are available. *Good Nutrition is an essential part of your care in our community.

Our Menu has a variety of foods that provide a well-balanced diet.