



## Fall/Winter Week 5 Menu

All Meals Include Choice of Beverage.

Fresh Fruit and Garden Salad Available at all Meals.

<b>2025</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Dinner</b>
Monday <i>January</i> 6 <sup>th</sup>	French Toast Bacon Fruit Cup	Spaghetti Garden Salad French Bread Boston Cream Pie	Beef Stew Biscuit Pudding Parfait
Tuesday <i>January</i> 7 <sup>th</sup>	Sausage Egg & Cheese On a Biscuit Yogurt Parfait	Chicken Pot Pie Home Baked Biscuits Cake	Roast Beef Sandwich on Multi Grain Bread Potato Chips Sherbet
Wednesday <i>January</i> 8 <sup>th</sup>	Fried Egg Scrapple Buttered Toast Banana	Sliced Pork Marshmallow Stuffed Sweet Potatoes Carrots Ice Cream Bar	Hot Ham & Cheese Slider Broccoli Salad Assorted Desserts
Thursday <i>January</i> 9 <sup>th</sup>	Waffles Sausage Strawberries	Salisbury Steak Mashed Potatoes Green Beans Apple Walnut Cake	Grilled Ruben Cucumber & Tomato Salad Home Baked Cookie
Friday <i>January</i> 10 <sup>th</sup>	Cream Chipped Beef Biscuit Orange Slices	Oven Baked Fish Rice Pilaf Asparagus Cheesecake	Grilled Hot Dog Side of Macaroni and Cheese Sherbet
Saturday <i>January</i> 11 <sup>th</sup>	Pancakes Sausage Melon	Meat Lasagna Salad Garlic Bread Yellow Cake with Frosting	Chicken Salad Cold Plate Crackers Lemon Pie
Sunday <i>January</i> 12 <sup>th</sup>	Scrambled Eggs Bacon English Muffin Pineapple	Roast Beef Mashed Potatoes w/gravy Peas Coconut Custard Pie	Turkey Club on Croissant Potato Salad Ice Cream Cup

\*Good nutrition is an essential part of your care in our community. Our menu has a variety of foods that provide a well-balanced diet.