



## Fall/Winter 2 Menu

**All Meals Include Choice of Beverage.**  
**Fresh Fruit and Garden Salad Available at all Meals.**

<b>2024</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Dinner</b>
Monday <b>October 7<sup>th</sup></b>	French Toast Sausage Grapes	Taco Salad Corn Assorted Dessert	Grilled Hot Dog Baked Beans Pudding Parfait
Tuesday <b>October 8<sup>th</sup></b>	Fried Egg Breakfast Ham Wheat Toast Cantaloupe	Oven Baked Chicken Mashed Potato Peas and Carrots Black Forest Cake	Beef Stew Biscuit Home Made Cookie
Wednesday <b>October 9<sup>th</sup></b>	Cold Cereal Donut Banana	Pork Tenderloin Sweet Potato Lima Bean Ice Cream Sundae	Italian Wedding Soup Italian Grilled Cheese Frosted Cupcake
Thursday <b>October 10<sup>th</sup></b>	Eggs Benidict Strawberries	Bacon Cheeseburger Homemade French Fries Green Beans Éclair Cake	Chicken Ceasar Salad Crackers Lemon Pie
Friday <b>October 11<sup>th</sup></b>	Sausage Gravy Over Biscuit Chilled Pineapple	Popcorn Shrimp Coleslaw Broccoli Cheesecake	Ham and Cheese Sandwich Lettuce Tomato Potato Chips Brownie
Saturday <b>October 12<sup>th</sup></b>	Pancakes Bacon Mandarin Oranges	Chicken Wings Potato Salad Peas & Carrots Ice Cream	Tomato Soup Grilled Cheese Peach Cobbler
Sunday <b>October 13<sup>th</sup></b>	Scrambled Eggs Sausage Wheat Toast Sliced Melon	Sliced Roast Beef Mashed Potato Carrots Pumpkin Pie	Kielbasa Casserole Corn Muffin Chocolate Cake

Snacks are available daily. \*Good nutrition is an essential part of your care in our community. Our menu has a variety of foods that provide a well-balanced diet.