



Spring/Summer Week 1 Menu

All Meals Include Choice of Beverage.

Fresh Fruit and Garden Salad Available at all Meals.

2024	Breakfast	Lunch	Dinner
Monday July 22nd	Choice of Cold Cereal Banana Blueberry Muffin	Chicken Alfredo Spring Salad Boston Cream Pie	Egg Roll Fried Rice Sherbet
Tuesday July 23rd	French Toast Bacon Grapes	Salisbury Steak Mashed Potato Baby Carrots	Pizza Grilled Cheese Cucumber Salad Pudding Parfait
Wednesday July 24th	Fried Egg Hash Brown Wheat Toast Orange Slice	Macaroni and Cheese Casserole Mixed Vegetable Biscuit Ice Cream Bar	Club Sandwich Potato Chips Strawberry Short Cake
Thursday July 25th	Homemade Waffles Sausage Grapefruit Section	Sliced Pork Roast Cornbread Stuffing Green Bean Apple Walnut Cake	Goulash Corn Biscuit Homemade Cookie
Friday July 26th	Fried Egg Bacon Wheat Toast Mango	Grilled Salmon Rice Pilaf Asparagus Cheesecake	Grilled Pimento Cheese Sandwich Sliced Tomato Chilled Grapes
Saturday July 27th	Pancakes Sausage Strawberries	Spaghetti/Meat Sauce Garden Salad Garlic Bread Butter Pecan Ice Cream	Chicken Salad Cold Plate Cheese Cubes Grapes Coconut Cream Pie
Sunday July 28th	Scrambled Eggs Bacon English Muffin Pineapple	Sliced Ham Sweet Potato Mixed Vegetable Apple Pie	Roast Beef Sandwich Potato Salad Sherbet

Snacks are available daily. *Good nutrition is an essential part of your care in our community. Our menu has a variety of foods that provide a well-balanced diet.