



Fall/Winter Week 1 Menu

All Meals Include Choice of Beverage.

Fresh Fruit and Garden Salad Available at all Meals.

2024	Breakfast	Lunch	Dinner
Monday January 29th	Choice of Cold Cereal Banana Danish	Chicken Alfredo Tossed Salad Sherbet	Egg Roll Fried Rice Pound Cake
Tuesday January 30th	French Toast Bacon Grapes	Shepards Pie Biscuit Lemon Pie	Kielbasa Casserole Corn Muffin Chocolate Cake
Wednesday January 31st	Fried Egg Hash Brown Wheat Toast Melon	Macaroni and Cheese Casserole Mixed Vegetable Biscuit Ice Cream Bar	Meatball Sub Potato Chips Pudding Parfait
Thursday February 1st	Homemade Waffles Sausage Grapefruit Section	BBQ Pork Coleslaw Corn Apple Walnut Cake	Grilled Pimento Cheese Sandwich Cup of Vegetable Soup Sherbet
Friday February 2nd	Fried Egg Bacon Wheat Toast Chilled Apricot	Grilled Salmon Rice Pilaf Asparagus Cheesecake	Chicken Salad Sandwich Grapes/Cheese Cubes Cherry Crisp
Saturday February 3rd	Pancakes Sausage Strawberries	Spaghetti/Meat Sauce Garden Salad Garlic Bread Butter Pecan Ice Cream	Grilled Ruben Potato Chip Cake
Sunday February 4th	Scrambled Eggs Bacon English Muffin Pineapple	Sliced Ham Sweet Potato Mixed Vegetable Blueberry Pie	Cold Cut Sub Potato Chips Fresh Baked Cookie

Snacks are available daily. *Good nutrition is an essential part of your care in our community. Our menu has a variety of foods that provide a well-balanced diet.