



## Fall/Winter Week 5 Menu

All Meals Include Choice of Beverage.

Fresh Fruit and Garden Salad Available at all Meals.

<b>2024</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Dinner</b>
Monday <b>January 22<sup>nd</sup></b>	Sausage Egg & Cheese On a Biscuit Yogurt Parfait	Spaghetti Taco Bake Garden Salad Garlic Toast Lemon Pie	Cup of Vegetable Soup Italian Sub Sherbet
Tuesday <b>January 23<sup>rd</sup></b>	French Toast Bacon Grapes	Chicken Broccoli Casserole Home Baked Roll Oreo Dirt Cake	Pizza Garden Salad Cookie
Wednesday <b>January 24<sup>th</sup></b>	Fried Egg Scrapple Buttered Toast Melon	Roast Pork Cabbage Potato Ice Cream Sundae Bar	Grilled Turkey and Swiss Potato Chips Cream Cheese Brownie
Thursday <b>January 25<sup>th</sup></b>	Waffle Sausage Strawberries	Fried Chicken Mashed Potato Green Beans Éclair Cake	Egg Salad Sandwich Cheese Puff No Bake Cookie
Friday <b>January 26<sup>th</sup></b>	Cream Chipped Beef Biscuit Orange Slice	Fried Catfish Cole Slaw Hush Puppies Cheesecake	Tomato Soup Grilled Cheese Apple Crisp
Saturday <b>January 27<sup>th</sup></b>	Pancakes Sausage Melon	Meat Lasagna Salad Garlic Bread Yellow Cake	Ham and Cheese Sandwich Lettuce/Tomato Potato Chips Chocolate Cream Pie
Sunday <b>January 28<sup>th</sup></b>	Scrambled Eggs Bacon English Muffin Pineapple	Roast Beef Mashed Potato /gravy Peas Coconut Custard Pie	Tuna Sandwich Cucumber Sticks/Ranch Ice Cream

\*Good nutrition is an essential part of your care in our community. Our menu has a variety of foods that provide a well-balanced diet.