



## Fall/Winter Week 4 Menu

All Meals Include Choice of Beverage.

Fresh Fruit and Garden Salad Available at all Meals.

<b>2024</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Dinner</b>
Monday <b>January 15<sup>th</sup></b>	French Toast Sausage Link Orange Slices	Vegetable Lasagna Garden Salad Strawberry Pie	Shrimp Salad Crackers Tomato Wedge Banana Pudding
Tuesday <b>January 16<sup>th</sup></b>	Scrambled Egg Breakfast Potato English Muffin Half Grapes	Glazed Ham Sweet Potato Green Bean Pumpkin Bar	Baked Potato Bar Chili/Broccoli/Cheese Chives/Sour cream Brownie
Wednesday <b>January 17<sup>th</sup></b>	Blueberry Pancakes Bacon Grapefruit	Roasted Pork Scalloped Potato Peas Corn Bread Muffin Ice Cream Sundae	Steak and Cheese on Croissant Potato Chips Cookie
Thursday <b>January 18<sup>th</sup></b>	Fried Egg Breakfast Ham Wheat Toast Mango	Salisbury Steak Mashed Potato/Gravy Carrots Peanut Butter Pie	Tomato Soup Turkey Cheddar Bacon Melt Sherbet
Friday <b>January 19<sup>th</sup></b>	Sausage Gravy Biscuit Strawberries	Oven Baked Fish Rice Pilaf Fresh Asparagus Cheesecake	Sloppy Joe Tator Tot Chocolate Cake
Saturday <b>January 20<sup>th</sup></b>	Scrambled Egg Bacon Toast Melon	Baked Ziti Garlic Bread Corn Carrot Cake	Chicken Noodle Soup BLT Sandwich Pudding Parfait
Sunday <b>January 21<sup>st</sup></b>	Pancakes Sausage Links Mandarin Oranges	Oven Baked Chicken Mashed Potato/gravy Carrots Apple Pie	Grilled Ham & Cheese Potato Chips Ice Cream

Snacks are available daily. \*Good nutrition is an essential part of your care in our community. Our menu has a variety of foods that provide a well-balanced diet.