



# HIDDEN SPRINGS

SENIOR LIVING

**Privately Owned & Operated**  
**Assisted Living | Advanced Care | Memory Care**

***"Offering Something Different in Senior Living"***

***540-636-2008***

**973 Buck Mountain Road, Bentonville, VA 22610**  
**[www.hiddenspringseniorliving.com](http://www.hiddenspringseniorliving.com)**

*Est. 2008*

We invite you to discover **Hidden Springs Senior Living**, an exceptional privately owned and operated Assisted Living and Memory Care community nestled in the heart of Warren County, Virginia. Since 2008, our cherished community has been lovingly owned and operated by the Davison family—Daryl, Vicki (Rudacille), and their son, Aron. With a deep commitment to providing personalized care and creating a warm, family-like environment, we strive to make every resident feel right at home. Come experience the **Hidden Springs Senior Living** difference, where compassion, comfort, and quality of life flourish.



Daryl and Vicki were raised on nearby farms in historic Limeton, Virginia. Daryl holds a Bachelor of Science degree in Business and Information Management from the University of Maryland. He has more than forty years of management experience, including Valley Health. Vicki is a graduate of Mary Washington College, now University of Mary Washington, with a Bachelor of Science degree in Biology and Education. Aron is known for his loving nature and helpfulness and has always formed special one-on-one relationships with the residents at **Hidden Springs Senior Living**. The family enjoys hobbies such as gardening, reading, and taking leisurely walks with their Labrador, Mazie. While Daryl, Vicki, and Aron have semi-retired, they are still actively involved as owners of **Hidden Springs Senior Living** and often visit the community they hold dear. Their continued presence ensures a strong connection and dedication to the well-being of the residents and their families.

***“We believe country living and keeping active in mind, body, and soul will help you or your loved one live a long quality life.”***

***- Daryl, Vicki, and Aron Davison***

## About Hidden Springs Senior Living:

**Hidden Springs Senior Living** offers a charming country-style community with panoramic views of the Blue Ridge and Massanutten Mountains. Nature enthusiasts can leisurely stroll through beautifully landscaped grounds, relax with friends on inviting porches, or savor delightful meals on lovely patios. Green thumbs can claim their own raised flower and vegetable beds, while the enclosed sunrooms provide a serene spot to witness stunning sunrises and sunsets. Residents can gather in the cozy living room, library, or recreation areas, fostering connections with family, friends, and neighbors.

Our community enjoys close proximity to notable attractions like Skyline Drive, Skyline Caverns, and Andy Guest Shenandoah River State Park, plus Washington, DC, and Northern Virginia. For added peace of mind, the South Warren Fire and Rescue Department in Bentonville, Virginia is conveniently less than five minutes away.

**Hidden Springs Senior Living** presents a range of care options to suit diverse needs: Assisted Living, Advanced Care, and Memory Care. Assisted Living caters to residents who desire either full independence or minimal assistance. Advanced Care is tailored for individuals who require increased supervision and extensive aid with daily routines. For those with cognitive deficits such as dementia or Alzheimer's, Memory Care offers a secure and specialized environment to ensure their protection.

We extend a warm, family-like embrace to all who join our community. We believe in fostering open communication and connection, which is why our doors are always open, welcoming residents and their families to stop by and share their joys, concerns, and cherished moments. Within the walls of **Hidden Springs Senior Living**, genuine love, laughter, and care create a harmonious environment filled with happiness and contentment. This nurturing atmosphere not only ensures the well-being of our residents but also fosters a sense of belonging and promotes better overall health for those who choose **Hidden Springs Senior Living** as their cherished home.

## Activities:

At **Hidden Springs Senior Living**, we strive to create an enriching lifestyle for our residents through our dedicated Activities Department. We ensure that residents stay engaged physically, mentally, socially, and spiritually, with a focus on various aspects such as cognitive, intellectual, creative, productive, and reflective pursuits. Start your day with invigorating morning stretches and exercises in the Therapy Room. Enjoy a variety of experiences, including religious programs, luncheons, outings, bingo, crafts, themed parties, pet therapy, aromatherapy, and film screenings in the Chapel/Theatre. Activities are personalized and a unique calendar is formulated every month, customized to the specific interests of each resident at **Hidden Springs Senior Living**. Tailored activities are available for those with limited mobility, and our handicapped accessible van and bus provide comfortable transportation. Our Memory Care residents can find solace and enjoyment in their own secure garden area, accompanied by activities like sensory bins, sing-alongs, and 1:1 time.

At **Hidden Springs Senior Living**, there truly is an activity for everyone to enjoy!

## **Nursing:**

Our team of experienced nurses at **Hidden Springs Senior Living** goes "above and beyond," ensuring not only the welfare of our residents but also offering exceptional support to their families. They actively listen, interact, and provide compassionate care, making our community feel like an extended family.

With a focus on personalized care, our nursing department arranges therapy sessions, medical appointments, and individualized care plans for each resident based on their unique needs. To maintain the highest standards, our staff receives regular in-service training and continuing education, staying updated with the latest advancements in senior care.

At **Hidden Springs Senior Living**, we take extraordinary pride in surpassing state guidelines for staff-to-patient ratios, guaranteeing that each resident receives the care they deserve. Our dedicated team, including the Director of Nursing, Assistant Director of Nursing, Licensed Practical Nurses, Medication Technicians, Direct Care Aides, and Certified Nursing Assistants, work diligently to ensure the health of our residents.

Comprehensive services like medication administration, assistance with daily activities, monitoring of daily vital signs, and having access to medical alert pendants, guarantee our attentive staff provides safety and comfort to our residents. Medical oversight is provided by a physician and nurse practitioner who visits our community weekly, demonstrating a commitment to meeting our residents' medical needs with expertise and dedication.

## **Dining:**

Residents in our community can look forward to enjoying three quality meals served daily, featuring delicious and wholesome country cooking. Our talented Dietary Department, led by a Director of Dietary and an Assistant Director of Dietary, along with Cooks and Dining Aids, come together to offer a diverse menu selection featuring delicious entrées and fine dining options. We prioritize a farm-to-table initiative, using fresh seasonal vegetables and fruits to prepare homemade meals. To accommodate individual needs, dietary requirements are carefully followed under the supervision of a registered dietitian and physician.

For those who require assistance or are unable to eat independently, special adaptive dining utensils are available, and our caregivers are available to assist by supervising and offering hand-over-hand aid during mealtimes. During the warmer months, residents can savor their meals outdoors, enjoying the beautiful surroundings. Holidays, birthdays, and anniversaries are celebrated with joy and warmth, just like home. Soft music sets the ambiance, and friends and family are always welcome to join in the dining experience at **Hidden Springs Senior Living**. Additionally, a private dining room is available for celebrating special occasions.



## Housekeeping & Laundry:

Our community is dedicated to the comfort of our residents; therefore, infection control is at the core of our commitment. In addition to extensive housekeeping, we also offer laundry services where our attentive staff takes care of labeling and laundering residents' belongings. This ensures everything is well-maintained and organized, allowing residents to fully enjoy a maintenance-free lifestyle. We take pride in keeping **Hidden Springs Senior Living** pristine and inviting by cleaning apartments, restrooms, and shared areas daily. With a focus on infection control and exceptional services, residents can enjoy a worry-free and comfortable living environment.

## Testimonials...

"**Hidden Springs Senior Living** has been a Godsend! I moved my mother to be closer to me, and I could not ask for a better place for senior adults. Whether looking for a place to help with day-to-day living needs or offering more advanced care than family and friends can give at home, or for extra care of our loved ones, **Hidden Springs Senior Living** supplies a safe place for seniors. The facility and grounds are in a beautiful mountain location and are clean and well-maintained. The medical staff are kind and caring and look after each resident with great care. The meals are well thought-out, nutritious and the dining rooms have beautiful fireplaces and tablecloth settings. The activities staff is amazing! They plan fun and interesting things to keep residents engaged. Everyone else there, including the owners, are kind and friendly to residents and their family and friends. We also love that **Hidden Springs Senior Living** is pet friendly since those "furry" visits from my mother's beloved Holly are so important to her. **Hidden Springs Senior Living** is one of the nicest adult care facilities I have ever seen, and I am so happy to have found such a wonderful place. -Nancy McDermott, Daughter of Jeanette Barbee

"**Hidden Springs Senior Living** provides a family-like approach to care giving. The owners are directly involved and show genuine care for residents while the staff keeps a family atmosphere in place. The utmost efforts are made for resident safety. Notices of resident needs are prompt and communicated clearly. The staff is friendly, willing to address requests, and helps resident families navigating the road of care. Inquiries are encouraged by the staff and are answered professionally. And most importantly, our loved one has expressed that she receives good care and has bonded with many members of the staff." -Joan Harper & Betty Grove, Daughters of Kathleen Lee

"**Hidden Springs Senior Living** is the next best thing to home. You make new friends who are now part of my extended family. We have bus rides and have fun games too, such as Bingo. We sit on the porch in the sun and enjoy the peace and quiet and just be lazy while watching the birds. " -Ruby Morrison, Resident

"**Hidden Springs Senior Living** is a terrific, wonderful place and maintained impeccably. The nursing staff is not only professional but also personable, pleasant, and always ready to aid. The Memory Care Garden is a beautiful addition. My experiences have been nothing but positive, and I wholeheartedly recommend it." -Brenda Dodd, Niece of Lois Baker

## Assisted Living:

### Resident Rooms:

- Private apartments/suites
- Add your unique touch with your own furniture
- Handicapped accessible bathroom
- Walk in shower featuring a built-in bench
- Kitchenette with microwave, refrigerator, pantry, and sink
- Phone, satellite TV and Wi-Fi
- Individual heat/AC controls
- Ample closet space
- Mountain views from each window
- State of art sprinkler, smoke, fire detection, and alarms systems
- Fire resistant construction
- Interior and exterior maintenance provided



### Resident Amenities:

- 24/7 Nursing
- 24/7 Medical alert pendant provided
- Medication administration
- Vital sign assessments
- Weekly physician and nurse practitioner visits
- Assistance with bathing and dressing
- Individualized care plan
- Physical, occupational, and speech therapy
- Podiatry
- Hospice Support
- Housekeeping and laundry
- Hair and nail salon
- Relaxing spa with whirlpool soaking tub



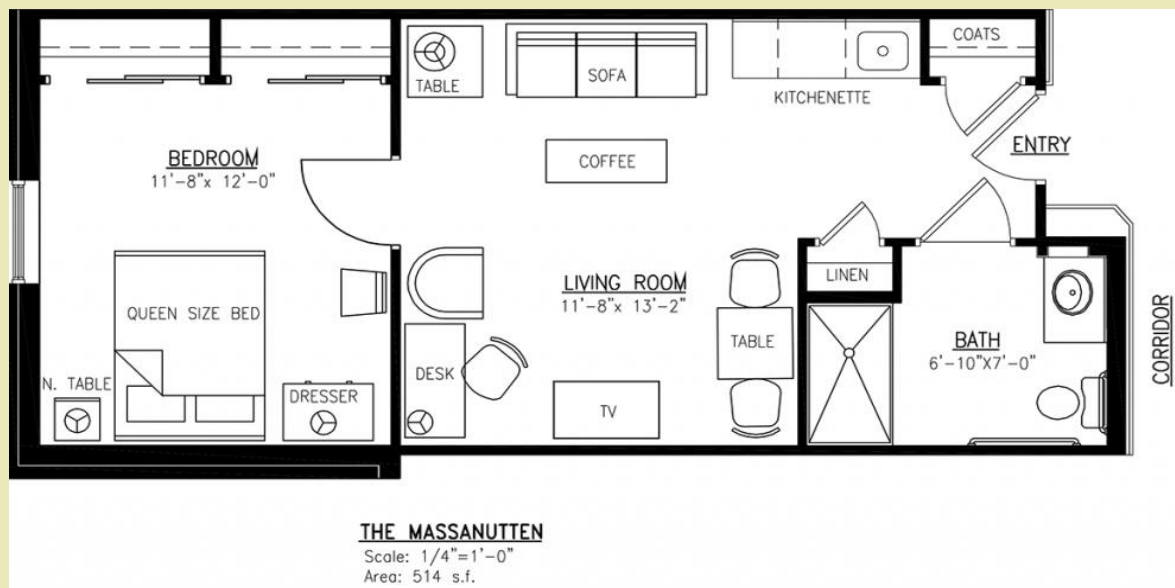
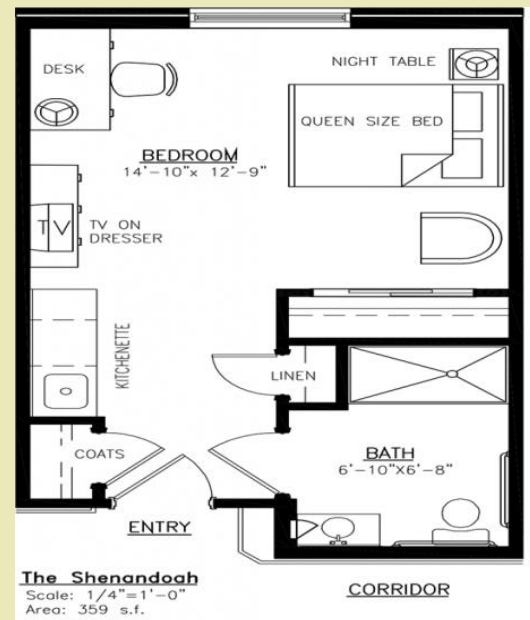
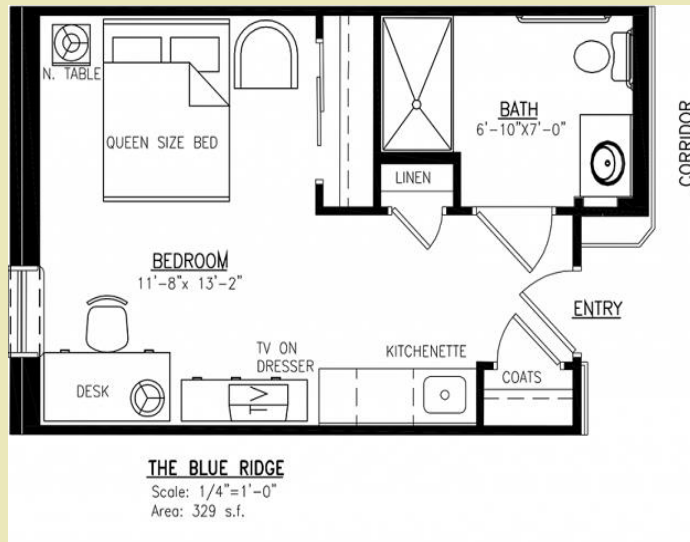
### Dining:

- Three nutritional meals daily plus snacks
- Special diets as needed
- Private dining room for entertaining

### Activities:

- Handicapped accessible van and bus
- Engaging, appropriate activities

## Assisted Living:



The most popular room is the **Blue Ridge**. With 329 square feet, it is the “right size” for most residents.

The **Shenandoah**, at 359 square feet, provides more room for relaxing or entertaining.

The largest resident room is the **Massanutten**, with 514 square feet. It offers a separate living room for entertaining.

## Advanced Care:

### Resident Rooms:

- Private or shared rooms
- Add your unique touch with your own furniture
- Hospital Bed and TV provided
- Handicapped accessible bathroom with shower
- Ample closet space
- Mountain views from each window
- State of art sprinkler, smoke, fire detection, and alarms systems
- Fire resistant construction
- Interior and exterior maintenance provided
- Phone, satellite TV and Wi-Fi
- Linens provided



### Resident Amenities:

- 24/7 Nursing
- 24/7 Medical alert pendant provided
- Medication administration
- Assistance with mobility, incontinence, eating, bathing/hygiene, and dressing
- Vital sign assessments
- Individualized care plan
- Weekly physician and nurse practitioner visits
- Physical, occupational, and speech therapy
- Podiatry
- Hospice Support
- Housekeeping and laundry
- Hair and nail salon
- Relaxing spa with whirlpool soaking tub



### Dining:

- Three nutritional meals daily plus snacks
- Supervised mealtimes
- Adaptive eating devices
- Special diets as needed
- Private dining room for entertaining

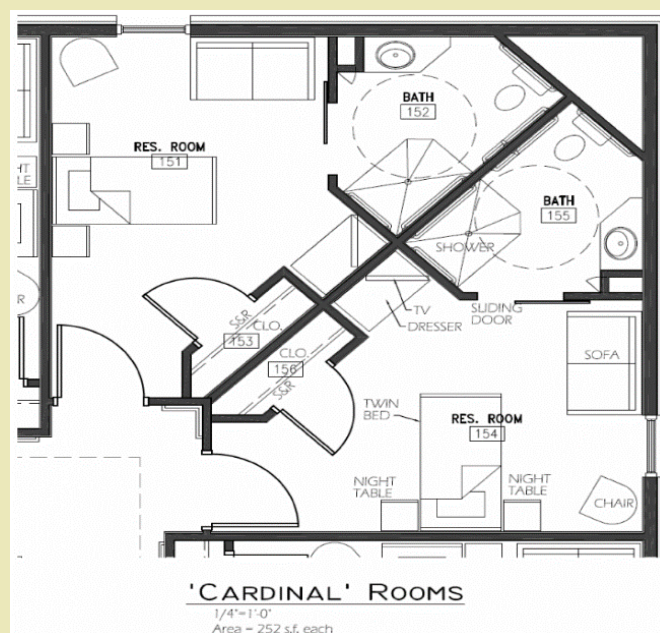
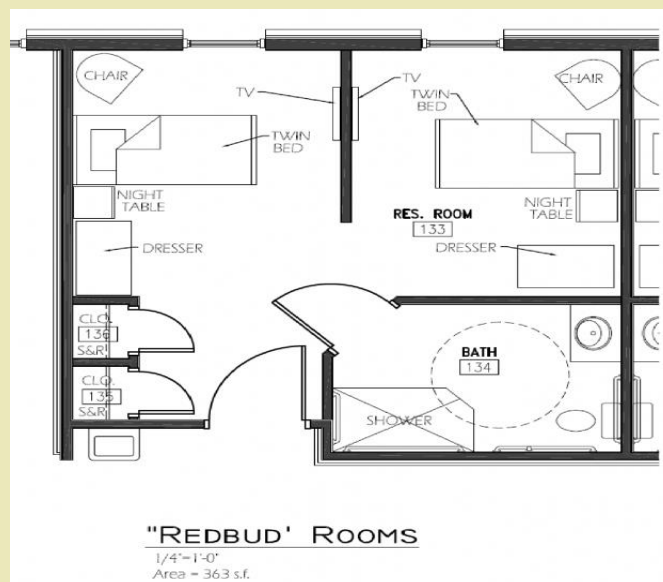
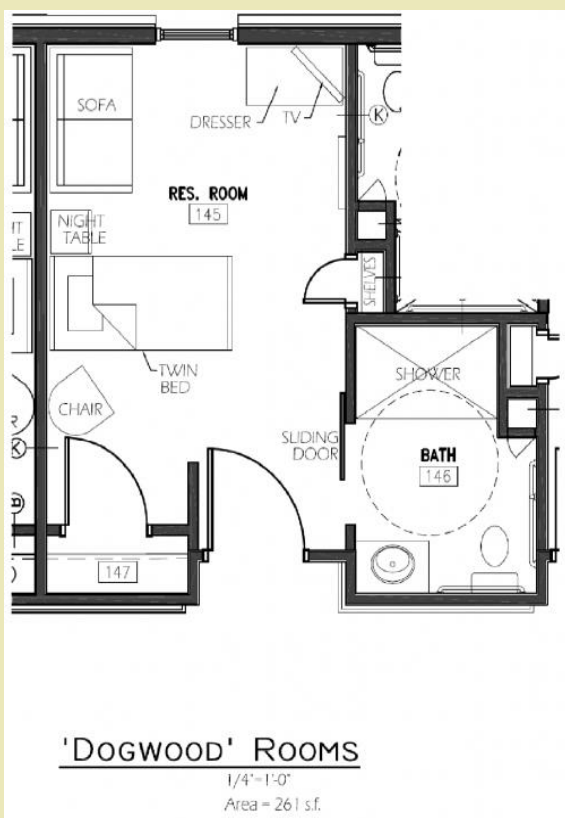
### Activities:

- Handicapped accessible van and bus
- Engaging, appropriate activities

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- **Increased supervision and assistance with activities of daily living**
  - **Mechanical lift assistance and non-ambulatory support**



## Advanced Care:



The **Dogwood** is a private room at 261 square feet.

The **Red Bud** is a shared room. This room, at 363 square feet, has two separate bedrooms but the resident shares a bath.

The **Cardinal** is a private corner room at 252 square feet.

## Memory Care:

### **Resident Rooms:**

- Private or shared rooms
- Add your unique touch with your own furniture
- Hospital Bed and TV provided
- Handicapped accessible bathroom with shower
- Ample closet space
- Mountain views from each window
- State of art sprinkler, smoke, fire detection, and alarms systems
- Fire resistant construction
- Interior and exterior maintenance provided
- Phone, satellite TV and Wi-Fi
- Linens provided



### **Resident Amenities:**

- 24/7 Nursing
- 24/7 Medical alert pendant provided
- Behavioral support and management
- Assist with cues and redirection techniques
- Medication administration
- Assistance with mobility, incontinence, eating, bathing/hygiene, and dressing
- Vital sign assessments
- Individualized care plan
- Weekly physician and nurse practitioner visits
- Physical, occupational, and speech therapy
- Podiatry
- Hospice Support
- Housekeeping and laundry
- Hair and nail salon
- Relaxing spa with whirlpool soaking tub



### **Dining:**

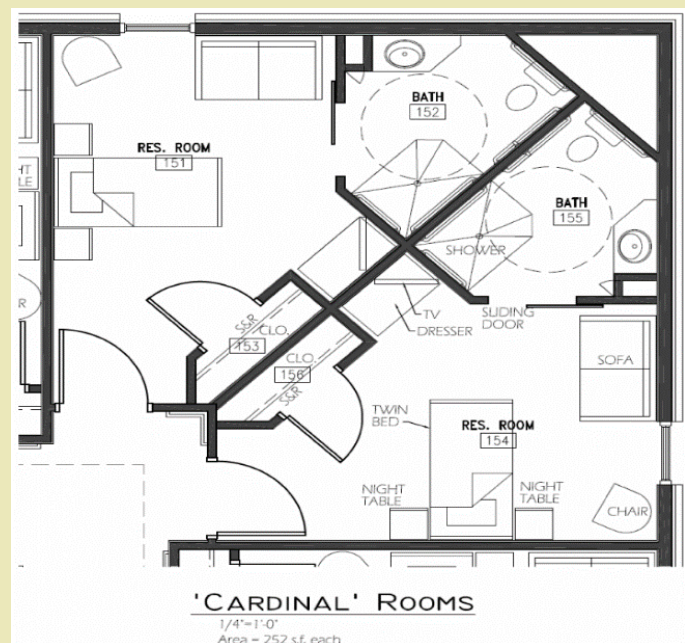
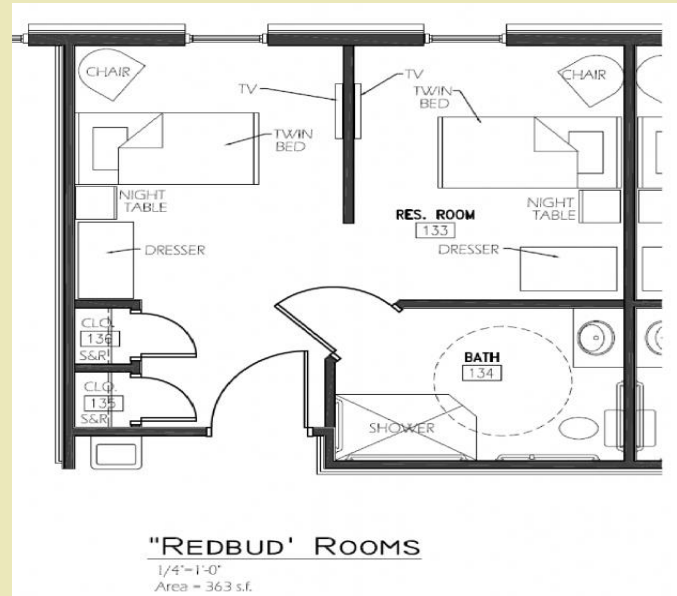
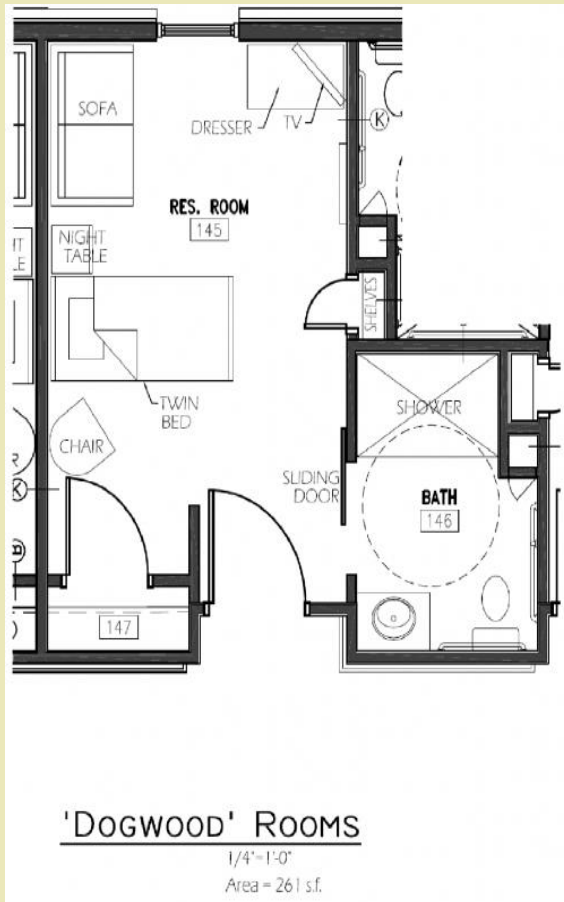
- Three nutritional meals daily plus snacks
- Supervised mealtimes
- Adaptive eating devices
- Special diets as needed
- Private dining room for entertaining

### **Activities:**

- Handicapped accessible van and bus
- Specialized engaging and appropriate activities

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- **Specialized care unit for residents with serious cognitive impairment**
  - **State of the art safety features to provide protection**
  - **Enclosed outside garden and walking path**

## Memory Care:



The **Dogwood** is a private room at 261 square feet.

The **Red Bud** is a shared room. This room, at 363 square feet, has two separate bedrooms but the resident shares a bath.

The **Cardinal** is a private corner room at 252 square feet.





**Does this sound like your type of Senior Living?**

**Take the next step and schedule a personal tour of  
Hidden Springs Senior Living!**

**Contact: Courtney North at (540) 636-2008 Ext. 1001  
Email: [cnorth@hiddenspringsseniorliving.com](mailto:cnorth@hiddenspringsseniorliving.com)**



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