



Fall/Winter Week 3 Menu

All Meals Include Choice of Beverage.

Fresh Fruit and Garden Salad Available at all Meals.

2023	Breakfast	Lunch	Dinner
Monday January 23rd	Pancakes Bacon Orange Slices	Monti Crisco Sandwich Onion Rings Blueberry Pie	Hot Dog Cheddar Cheese Bite Pudding Parfait
Tuesday January 24th	Fried Egg Breakfast Potato Wheat Toast Orange Slice	Sliced Ham Stewed Tomato Scalloped Potato Cream Cheese Brownie	Italian Sub Potato Chips Root Beer Float
Wednesday January 25th	Choice of Cold Cereal Danish Banana	Country Fried Steak Mashed Potato Green Beans Cherry Crisp	Egg Salad Sandwich Cheese Puffs Chocolate Pudding with Whipped Topping
Thursday January 26th	French Toast Sausage Mandarin Oranges	BBQ Pork Sandwich Coleslaw Peanut Butter Pie	Baked Spaghetti Corn Garlic Bread Cookie
Friday January 27th	Sausage Gravy Biscuit Strawberries	Salmon Cake Hush Puppies Asparagus Cheesecake	Potato Soup Pimento Cheese Sandwich Yellow Cake with Frosting
Saturday January 28th	Pancakes Bacon Grapes	Chicken Cordon Blue Rice Carrots Chocolate Cream Pie	Chili Corn Bread Chilled Fruit Cup
Sunday January 29th	Scrambled Egg Hash Brown Toast Melon	Pot Roast Mashed Potato Carrots Red Velvet Cake	Turkey Sandwich Lettuce/Tomato Fritos Sherbet

Snacks are available daily. *Good nutrition is an essential part of your care in our community. Our Menu has a variety of foods that provide a well-balanced diet.