



Spring/Summer Week 4 Menu

All Meals Include Choice of Beverage

Fresh Fruit and Garden Salad Available at all Meals.

2022	<i>Breakfast</i>	<i>Lunch</i>	<i>Dinner</i>
Monday August 8th	French Toast Sausage Link Orange Slices	Spaghetti Garden Salad Garlic Bread Coconut Cake	Tuna Salad Sandwich Cucumber Salad Gelatin w/whipped topping
Tuesday August 9th	Scrambled Egg Breakfast Potato English Muffin Half Chilled Peaches	Chicken Cordon Bleu Steamed Rice Spinach Lemon Meringue Pie	Potato Soup Pimento Sandwich Chilled Pineapple
Wednesday August 10th	Blueberry Pancakes Bacon Chilled Mango	Sliced Pork Scalloped Potato Cabbage Apple Pie	Beef Stew Biscuit Pudding Parfait
Thursday August 11th	Fried Egg Breakfast Ham Wheat Toast Yogurt Parfait	Monte Cristo Grilled Cheese French Fries Sliced Tomato Banana Split Cake	Chicken Alfredo Broccoli Dinner Roll Sherbet
Friday August 12th	Sausage Gravy Biscuit Strawberries	Oven Baked Fish Rice Green Beans Coconut Pie	Tomato Soup Grilled Cheese Fruit Cocktail
Saturday August 13th	Scrambled Egg Bacon Wheat Toast Pineapple	Taco Pasta Bake Garlic Bread Peas Cake	Chicken Salad Sandwich Lettuce and Tomato Tomato Salad Home Baked Cookie
Sunday August 14th	Pancakes Sausage Links Mandarin Oranges	Sliced Roast Turkey Mashed Potatoes Green Beans Pumpkin Pie	Ham & Cheese Sandwich Lettuce and Tomato Potato Chips Lemon Pudding Parfait

Snacks are available daily. *Good nutrition is an essential part of your care in our community. Our menu has a variety of foods that provide a well-balanced diet.