



Spring/Summer Week 4 Menu

All Meals Include Choice of Beverage.8

Fresh Fruit and Garden Salad Available at all Meals.

2021	<i>Breakfast</i>	<i>Lunch</i>	<i>Dinner</i>
Monday <i>July 19th</i>	French Toast Banana Sausage Links Stewed Prunes	Country Fried Steak Mashed Potato Carrots Black Forest Cake	Chicken Tender Tomato Salad Gelatin w/ whipped topping
Tuesday <i>July 20th</i>	Scrambled Eggs Breakfast Potato Wheat Toast Melon	Oven Fried Chicken Stuffing Corn Dinner Roll Peach Pie	Cuban Sandwich Pretzel Banana Split
Wednesday <i>July 21st</i>	Blueberry Pancakes Bacon Apricots	Spaghetti w/Meat Sauce Salad Garlic Bread Éclair	Grilled Hot Dog With all the toppings Potato Salad Home Baked Cookie
Thursday <i>July 22nd</i>	Fried Egg Corn beef Hash Wheat Toast Yogurt Parfait	Roasted Pork Red Roasted Potato Cauliflower Pineapple Cake	Potato Soup Pimento Sandwich Sherbet
Friday <i>July 23rd</i>	Sausage Gravy Biscuit Strawberries	Fish Wild Rice Steamed Broccoli Lemon Pie	Egg Salad Sandwich Cucumber Salad Watermelon Slice
Saturday <i>July 24th</i>	Scrambled Egg Scrapple Wheat Toast Pineapple	Grilled Cheeseburger Potato Wedge Peas Carrot Cake	Italian Sausage Onions/Green Pepper Casserole Pudding Parfait
Sunday <i>July 25th</i>	Pancakes Sausage Links Mandarin Oranges	Sliced Roast Turkey Mashed Potato Green Beans Pumpkin Pie	Ham Sandwich Potato Chips Ice Cream Sandwich

Snacks are available daily. *Good nutrition is an essential part of your care in our community. Our menu has a variety of foods that provide a well-balanced diet.