



Fall/Winter Week 4 Menu

All Meals Include Choice of Beverage.

Fresh Fruit and Garden Salad Available at all Meals.

2020	Breakfast	Lunch	Dinner
Monday January 25th	French Toast Banana Sausage Links	Swedish Meatballs Noodles Mixed Vegetable Blueberry Pie	Chicken Tender Fries Gelatin
Tuesday January 26th	Blueberry Pancakes Bacon Orange Slice	Shrimp Creole Rice Dinner Roll Éclair Cake	Grilled Cheese Potato Soup Ice Cream Sundae
Wednesday January 27th	Breakfast Casserole Wheat Toast Melon	Sliced Turkey Mashed Potato Green Bean Dessert	Chili Cornbread Fruit Cocktail
Thursday January 28th	Fried Egg Breakfast Potato Wheat Toast Grapes	Roasted Pork Red Roasted Potato Cauliflower Banana Pudding	BBQ Sandwich Coleslaw Fresh Baked Cookie
Friday January 29th	Sausage Gravy Biscuit Strawberries	Grilled Salmon Wild Rice Fresh Asparagus Cup Cake	Vegetable Soup Turkey Sandwich Chilled Pears
Saturday January 30th	Eggs Bacon Toast Pineapple	Chicken Filet Macaroni and Cheese Peas Strawberry Cream Pie	Italian Sausage Onions/Green Pepper Casserole Carrot Cake
Sunday January 31st	Pancakes Sausage Links Mandarin Oranges	Spaghetti w/Meatballs Garlic Bread Corn Coconut Pie	Ham Sandwich Potato Chips Ice Cream Sandwich

Snacks are available daily. *Good nutrition is an essential part of your care in our community. Our menu has a variety of foods that provide a well-balanced diet.